

# POWERFLEX®

PART NUMBER  
**PFR69-511**

DESCRIPTION  
**REAR UPPER ARM INNER REAR BUSH**

## INSTALLATION GUIDE

### Contents (parts per car):

- 4 x Polyurethane parts
- 2 x Stainless Steel sleeves
- 4 x Nylon washers
- 1 x PTFE/Silicone Grease

*Please read the complete fitting instructions and check package components before fitment.  
This installation guide is to be used in conjunction with workshop manual.*

*It is recommended that:*

- all work to be carried out by a licenced technician;
  - all safety precautions adhered to;
  - wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.*

### Installation Guide:

1. Remove the original rubber bush from the arm.
2. Clean any dirt and corrosion from the bore of the arm and file off any sharp edges with a rounded file.
3. Apply some of the supplied grease to the bore of the polyurethane bush and insert the stainless steel sleeve into the bush, leaving an equal amount showing each end.
4. Apply grease to the 2 end faces of the bushes and slide a nylon washer onto each end of the sleeve.
5. Refit the arm and tension all hardware to the manufacturers recommended torque settings.

